

For referrals, further information and advice, please contact your local family outreach worker based at one of the four Recovery Hubs.

South East Recovery Hub

Tel: 0131 661 5294

Mob: 07921700538

North East Recovery Hub

Tel: 0131 554 7516

Mob: 07703714761

North West Recovery Hub

Tel: 0131 332 2314

Mob: 07903248740

South West Recovery Hub

Tel: 0131 453 9100

Mob: 07903822059

Your Family Outreach Worker is:



sunflowergarden
SIMPSON HOUSE



circle

Supporting families in Scotland

Family Outreach Service

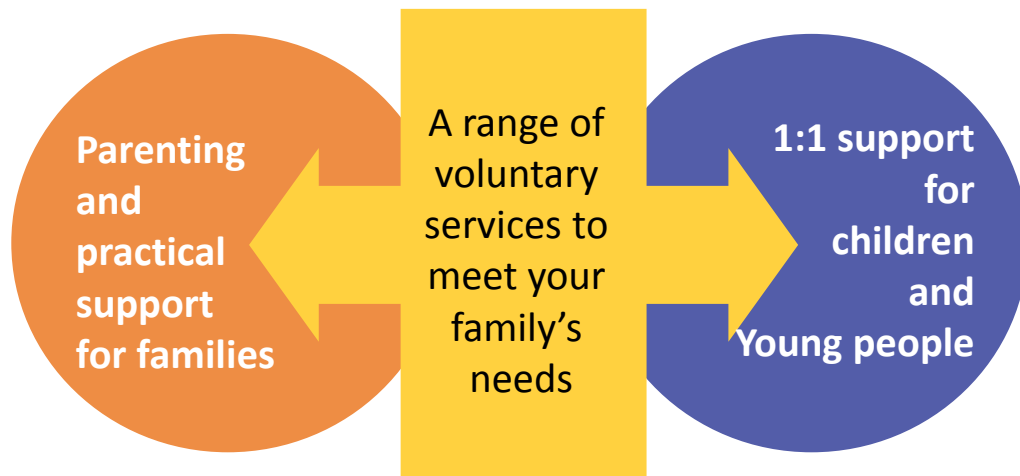
**Working in partnership to
support children, young people
and families affected by parental
drug and/or alcohol use**

Are you a family:

- affected by current or previous parental drug and/or alcohol use
- with a child or children aged 0 to 18 years
- looking for some extra support?

Circle and Sunflower Garden are working in partnership to offer a range of services to meet the individual needs of families. We, together with our partners, work with families to help them build upon existing strengths to make and sustain positive lifestyle choices.

What we do



Support for parents/carers

We provide a range of services to support:

- Establishing boundaries and routines within your home
- Managing your children's behaviour
- Accessing local services and activities for you and your children
- Improving nursery and school attendance and achievement for your children
- Addressing your own and your family's health needs.

Support for children and young people

We provide 1:1 therapeutic support for children and young people in schools or in the local community. Creative approaches are used to help children express their emotions, build their confidence and develop resilience to help them cope with any difficulties.